



### What is Blue Courage?

Blue Courage is a way of being,  
A philosophy that inspires one to embody the  
noblest of character and unquestioned devotion.

It is to flourish in all aspects of life,  
To act with practical wisdom,  
To exude vitality, and  
To hearten human connections.

### Topics to Be Covered:

- Foundations
- Police Culture
- Nobility of Policing
- Respect
- Resilience / Hope
- Positive Psychology
- Practical Wisdom
- Health & Wellness
- The Immortal Cop

### Why Blue Courage?

Blue Courage is a transformational two-day leadership development workshop designed for all levels of the organization. This revolutionary educational process is a holistic approach to developing our people. It will touch hearts, awaken minds and ignite spirits through dynamic presentations and learning processes. If your interest is self-improvement, increased engagement, stress-management, developing resilience, igniting culture change, combating cynicism, while improving overall health and well-being, then Blue Courage is waiting for you to answer the call!

<b>Location:</b> <b>The RIZAD</b> <b>1800 Western Lane</b> <b>Kelso, WA 98626</b>	<b>Date:</b> <b>June 2<sup>nd</sup> and 9<sup>th</sup>, 2016</b>	<b>Time:</b> <b>0800-1700</b>
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Blue Courage [www.bluecourage.com](http://www.bluecourage.com)  
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